Finding Your Community for Mental Health and Wellness

Location
GMCS 324

Date
April 21, 2023

Time
4pm - 5:30pm

Lateefah Spires Brown, M.Ed.
Chemistry Educator,
Otab Ranch High School
Doctoral Candidate,
SDSU CCLEAD

Juan Peña, M.S.
Pre-Doctoral Intern,
Clinical Psychology
UC San Francisco

Antoinette Linton,
Ph.D.
Associate Professor,
CSU Fullerton

Talia Kieu
MSPH-PhD Student in Health Behavior,
UNC Chapel Hill

Self-doubt is not uncommon in graduate school. This self-doubt can lead to isolation, which fuels this type of thinking. Join this panel and learn how to build community and the benefits to your mental health and wellness.

Scan the QR code or RSVP at:
tinyurl.com/GRADMH2023

IMSD Minority Biomedical Research Support Initiative for Maximizing Student Development

MARC SDSU Student Affairs and Campus Diversity Office for Graduate Life and Diversity